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### **Texas Business Group on Health Reports on the State of Type 2 Diabetes Across Texas**

**Dallas – March 13, 2018** –Texas employers are making headway in efforts to help employees with Type 2 Diabetes manage this chronic condition more effectively, according to the Texas Business Group on Health’s new *Type 2 Diabetes Report 2017*, 12<sup>th</sup>l. The percentage of working age Texans (35-64) with Type 2 Diabetes declined almost 2 percent between 2015 and 2016 (the most recent state data available) and the percentage who received an A1C test in 2016 increased more than 3 percent for the same period. Yet Texas continues to lag the nation in the use of important diagnostic and condition management tests for Type 2 Diabetes, such as A1c, glucose and cholesterol blood tests, and eye exams.

TBGH’s *Type 2 Diabetes Report 2017* brings insight into the state of Type 2 diabetes for more than 700,000 patients across Texas. The comprehensive data also focuses specifically on more than 560,000 individuals living with this chronic condition in 10 major cities across Texas: Austin, Bryan/College Station, Dallas, El Paso, Ft. Worth/Arlington, Galveston, Houston, Lubbock, San Antonio, and Tyler.

The data presented in the *Type 2 Diabetes Report 2017* cover 2014 through 2016 for these 10 cities, Texas overall, and national benchmarks. The data are drawn from medical claims on 9.7 million Type 2 diabetes patients nationwide. TBGH’s goal for comparing local, statewide, and national Type 2 diabetes data is to contextualize the findings and help identify potential gaps in care, as well as corresponding opportunities to take action. Early recognition and interventions for Texans at risk for Type 2 diabetes and its complications are crucial to mitigating the impact of these conditions on employee well-being and costs. In recognition of the serious and often overlapping health conditions that many Texans with Type 2 diabetes live with, the [Report](#) also includes sections devoted to lipid disorders and rheumatoid arthritis.

Among the findings in the *TGBH Type 2 Diabetes Report 2017* that are of particular interest:

- The percentages of working-age (18–64 years) Type 2 diabetes patients in Dallas and in Houston both exceeded the Texas and national benchmarks in 2016.
- In Dallas, Houston, San Antonio, and Texas overall, the percentages of commercially insured Type 2 diabetes patients with an A1c level over 9.0% equaled or exceeded that of the nation in 2016.
- Commercially insured Texas Type 2 diabetes patients were less likely than their counterparts nationally to receive tests for A1c, blood glucose, or serum cholesterol in 2016.
- The percentages of commercially insured Type 2 diabetes patients in Dallas, Houston, and across Texas who were diagnosed with co-occurring depression, obesity, nephropathy, neuropathy, or peripheral artery disease increased from 2015 to 2016.

- Professional charges for commercially insured Texas Type 2 diabetes patients in 2016 were higher than those of the nation in each profiled setting of care, including inpatient, outpatient, and emergency department settings. In Dallas, professional charges for ambulatory surgery, hospital inpatient, hospital outpatient, and office/clinic settings were even higher than the Texas averages.

The *TBGH Type 2 Diabetes Report 2017* is an unparalleled resource for business, healthcare, and community leaders across Texas furthers understanding of the impacts and costs of diabetes, opening pathways to more effective prevention and intervention efforts for this widespread chronic disease. As such, the Report reaffirms TBGH's commitment to improving the health of all Texans.

Visit [www.tbgh.org](http://www.tbgh.org) to download this [Report](#). Feel free to share it with others who may be interested.

### **About Texas Business Group on Health**

Texas Business Group on Health (TBGH), founded in 1985, is a non-profit statewide business association dedicated to promoting healthcare innovation, accountability, and value in support of supports a healthy, productive workforce. Members include nearly 200 Texas employers and their regional employer coalitions, including Dallas-Fort Worth Business Group on Health, Houston Business Coalition on Health, and San Antonio Business Group on Health. TBGH serves as a valuable resource for Texas employers in health benefits management and healthcare purchasing issues. TBGH also advocates employer healthcare interests in state legislation and policy development. For additional information, visit [www.tbgh.org](http://www.tbgh.org).

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